



2026 STUDENT PROSPECTUS

TWO YEAR ACTING FOR FILM PROGRAM

PROFESSIONAL TRAINING
IN THE ART OF ACTING FOR FILM



— Film Acting Academy —

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Contact details

ACT CAPE TOWN (PTY) LTD
REG. NO. 2010/009668/07

Office & Cape Town Campus



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Act Cape Town (PTY) Ltd is registered with the Department of Higher Education and Training until 31 December 2028 as a Private Higher Education Institution under the Higher Education Act, 1997, Registration certificate No.2013/HE07/002.

Management & administration staff

Candice Poole

FOUNDER & DIRECTOR

Grant Swanby

HEAD OF ACADEMICS & PROGRAMME MANAGER

Benazir Amod

ADMINISTRATOR

Introduction

Taught by top industry professionals, the **Two Year Acting for Film Program** prepares the student for work as a professional actor in the film, television, and theatre industries.

The Program Consists Of:



Higher Certificate in Acting for Film
(NQF 5 Qualification)



Advanced Certificate in Acting for Film
(NQF 6 Qualification)

Students are offered the flexibility of completing either one or two years depending on individual requirements. To be competitive in the industry, we recommend students complete the full **Two-Year Program**.

At the conclusion of the two-year program, students are given the opportunity to audition for the prestigious **ACT Professional Program**.

Coaches

The Academy engages professionals in the film, television, and related industries to coach and support the actor.

Together with dynamic curriculums created by and unique to Act Cape Town, the professional will teach and impart valuable skills to each student, as well as contribute lessons and knowledge their experience has taught them.



GRANT SWANBY

ADVANCED DIPLOMA: PROFESSIONAL ACTING FOR CAMERA (CITY VARSITY)

Grant Swanby is the Head of Academics and Programme Manager at Act Cape Town.

Grant is a successful South African actor, having appeared in over 25 films, 40 stage plays and 12 Television series. Grant has produced a number of award winning theatre productions and films.



TAMRYN SPEIRS

LICENTIATE TEACHER DIPLOMA: SPEECH & DRAMA (TRINITY COLLEGE, LONDON)

Tamryn Speirs is a Senior Coach at Act Cape Town.

Tamryn is an award winning actress and theatre/film director. She furthered her training in New York at Black Nexus, where she studied under acting coach to the stars, Susan Batson.



NICOLA HANEKOM

ADVANCED DIPLOMA: PROFESSIONAL ACTING FOR CAMERA (CITY VARSITY)

Nicola Hanekom is a Senior Coach at Act Cape Town.

Nicola is a successful South African actress, writer and director. She has directed and written award-winning plays and films. Her short film, 'Trippie', won two Silwerskermfees awards.



SIVENKOSI GUBANGXA

MASTERS: THEATRE AND PERFORMANCE (UNIVERSITY OF CAPE TOWN)

Sivenkosi Gubangxa is a Senior Coach at Act Cape Town.

Sivenkosi is a professional film, television, and theatre actress. She was nominated for the Naledi Theatre Award for Best Supporting Actress in a play for 'The Play That Goes Wrong' directed by Alan Committee. Recent television features include 'Vagrant Queen', 'Black Mirror', the international BBC series 'Call the Midwife' and Kyknet's 'Dwaalster'.



CARISHMA BASDAY

BACHELOR OF ARTS: DRAMA AND MEDIA (UNIVERSITY OF KWAZULU NATAL)

Carishma is a professional actress, dancer, and model. Acting highlights include the multi award-winning 'Betesda' and 'Babbel' directed by Nicola Hanekom. Most recent film credits include 'New Material', directed by award-winning Craig and 'Tali's Baby Diary'. Carishma is also a presenter for the SABC lifestyle show 'Mela'.



ROB COUTTS

BACHELOR OF ARTS: LIVE PERFORMANCE (AFDA)

Rob Coutts is a professional actor, musician, and voice artist. He is a founding member of The Long Shots improv troupe, which was formed in 2011, and has been performing with them ever since. Rob furthered his studies internationally attending intensive courses at the Upright Citizens Brigade (New York), Second City (Chicago). Film highlights include 'Mandela: Long Walk to Freedom', 'The Empty Man' and 'Black Sails'.



MAMELLO MAKHETHA

BACHELOR OF ARTS: THEATRE AND PERFORMANCE (UNIVERSITY OF CAPE TOWN)

Mamello Makhetha is an actress, voice artist, singer, performance artist, producer, and writer. Acting highlights include 'The Vagina Monologues', Hannah van Tonder's 'The Coin', which toured to the Free State and had a run at the State Theatre in Pretoria, 'Nguvu Ya Mbegu: Entablenga' and the TV Series 'Grow'.



ROWAN STUDTI

BACHELOR OF ARTS: DRAMA, FILM AND SCREENWRITING (UNIVERSITY OF CAPE TOWN)

Rowan Studti is an actor, writer, and founder of successful entertainment business 'Dinners to Die For'. Rowan has furthered his acting training abroad, studying under Matthew Harrison in Canada & Shelley Mitchell in San Francisco. Rowan has acted in numerous international productions; predominately American film and T.V. His most recent acting highlight being the TV Mini-Series 'Abraham Lincoln' where he played the part of US Army Officer 'Oliver Howard'.



JAN FOUCHÉ

ADVANCED CERTIFICATE IN ACTING FOR FILM (ACT CAPE TOWN)

Jan is a professional actor and director. He has appeared in both stage and screen productions, with film and television credits including "Cars That Built the World", "Op Straat" and "ROM Immortal". On Stage, Jan has appeared in "Hel op Hemel en Aarde", "Family Fees", "Slagoffers", "Boekbuddies" and "Hamlet". He had his directorial debut in 2022 with a stage production of Shakespeare's Macbeth produced by Educations. Jan has also spent time behind the camera and backstage as head of wardrobe, continuity supervisor, and technical assistant. He regularly serves as a judge for local public speaking and debate competitions hosted by ATKV.



Registration, accreditation & affiliation

- Through establishing ongoing affiliations and accreditation, we ensure that our programs are industry relevant, internationally recognized and deliver graduates with an accredited qualification.
- Act Cape Town (PTY) Ltd is registered with the Department of Higher Education and Training until 31 December 2028 as a Private Higher Education Institution under the Higher Education Act, 1997, Registration certificate No.2013/HE07/002.
- Accreditation by the Council on Higher Education (CHE) for the Higher Certificate in Acting for Film.
- Accreditation by the Council on Higher Education (CHE) for the Advanced Certificate in Acting for Film.
- ACT affords actors global connections through its partner schools:
 - New York Film Academy, offering our students enhanced educational value as well as opportunities to further their studies at any of NYFA's U.S campuses (New York City, Los Angeles, and South Beach (Miami)). For students wishing to pursue degree studies internationally, the partnership provides a direct educational pathway, whereby students can transfer to NYFA, and earn their Bachelor of Fine Arts (BFA) in 4 semesters rather than the required 8. Upon completing the BFA, students are eligible to apply for MFA or MA programs. NYFA is a year-round school offering three academic semesters a year.
 - London Academy of Music & Dramatic Art (LAMDA). ACT is a registered LAMDA Examination Private Centre, affording our students world-renowned international qualifications in performance.
- ACT is affiliated with the SAE Institute of Cape Town, offering our students the opportunity to collaborate and network with passionate film-making students.
- ACT is partnered with Zabalaza Intsika eBaxter Theatre in the awarding of ACT's Annual Scholarships in Acting for Film.

History

As an actor, the learning is never over, and you have never arrived! There is always something more to learn and achieve. The career of an actor is a lonely and courageous journey. Opportunities to hone your craft often only occur when you are thrust on set and then the learning curve is steep. In between these opportunities, where does one go to continue to grow and be inspired as an actor?

It was out of this need that Act Cape Town was born in 2005.

In line with our commitment to quality education for our actors, ACT made the decision to accredit the academy, and in April 2013 was granted provisional registration as a private higher education institution with the Department of Higher Education and Training.

The accreditation process inspired our team to rethink how our passion and vision would now be translated into excellent acting for film training.

The result is a shared commitment to upholding ACT as the leading acting for film academy in South Africa.

In November 2017, Act Cape Town was pronounced full registration status with the Department of Higher Education and Training (DHET) as a Private Higher Education Institution under the Higher Education Act, 1997.

Mission statement

- We are committed to lifelong learning.
- Sharing good practice as actors come together to learn and grow.
- Raising standards of achievement in the profession.
- Training, supporting and inspiring actors.

Values

- **Humility:** We honour the contributions of every individual and treat everyone with the utmost respect, fostering a culture of inclusivity.
- **Learning:** We embrace feedback and are dedicated to continuous growth and improvement, both personally and professionally.
- **Possibility:** We believe that our role as educators is to create an environment where possibilities abound, empowering individuals to pursue their dreams through self-belief and determination.
- **Inspiration:** Our passion, dedication, and care for one another and our students inspire a vibrant and motivating learning atmosphere.
- **Generosity:** We cultivate a spirit of kindness and generosity, ensuring that compassion and support are at the heart of everything we do.
- **Diversity:** We celebrate all forms of diversity and foster a sense of belonging for every individual, regardless of background or identity.

Together, these values define who we are and guide our mission to empower and inspire our community.

Teaching philosophy

Our dynamic curriculum is based upon the techniques developed by international & local master coaches and practitioners.

HANDS-ON TRAINING

It is our belief that you learn the craft of acting through “doing”. Classes are experiential, providing students with an intensive practical training, ensuring they are ready to meet the exact demands of the industry.

TOP INDUSTRY PROFESSIONALS

Our faculty is made up of experts in the film, television, theatre, and related industries.

FILM AND LIVE PERFORMANCE PRODUCTIONS

Our courses incorporate the production of short films or scenes and presentations of live theatre performances that are created by and star our acting students. The live theatre performances take place in ACT’s Black Box theatre, and the film productions and scenes are shot and edited and may be used for students’ showreels.



SMALL CLASSES

Our small classes allow for individual attention and a safe space for discovery and creative expression.

ANNUAL SHOWCASE

An annual showcase evening provides our actors with the opportunity to showcase their acting work on the BIG SCREEN to invited guests and industry professionals.

REEL MATERIALS

We provide all our students with shot and edited materials that are suitable to put on an actor's showreel.

Career opportunities

ACT Alumni have numerous career paths available to them upon graduating. Staff at the Academy provide students with advice and support on the practical realities of obtaining work in the industry.

Below are some examples of the types of jobs actors can find.

- Film Actor
- Television Presenter
- Commercial Actor
- Television Actor
- Corporate Theatre Actor
- Stage Actor
- Web Series Actor
- Voice Over Actor
- Radio Presenter

Please note: Our unique ACT curricula further develops student skills in production, opening career possibilities in directing, writing and producing.

Student financial assistance

Act Cape Town has partnered with Student Hero and various educational funding providers to help students learn about, apply, or pre-qualify for the different options to fund tertiary education, from a single platform and at zero cost to the student.

Follow the link below to learn about, apply or pre-qualify for study funding:

<https://www.studenthero.co.za/act-cape-town>

Payment rules & regulations

Act Cape Town places on record that:

- it accepts a limited number of students per course and that courses are designed and structured for a particular number of participants;
- the accreditation processes for the courses are subject to certain requirements relating to numbers of students and/or coaches and so the number of students per course is small;

- it is difficult to find a replacement student when an enrolled student withdraws from the course only a few months or weeks before it commences or once it has commenced, because
 - potential students will have secured alternative education elsewhere; and
 - to receive the qualification/certificate for the course, students need to meet specific attendance and assessment requirements and so often cannot join late.
- Receipt by us of the enrolment fee (an amount equal to 10% of the total course fee) (“the Enrolment Fee”), and a signed enrolment contract, secures the students place in the course. Note that the Enrolment Fee is subject to the Refunds & Cancellation Policy below.
- Course fees are subject to annual review and students should budget for such an increase and advise their sponsors accordingly. An exact percentage cannot be supplied but typically fees are increased in line with South Africa’s CPI (inflation).
- For the safety of our Staff and Students we do not accept cash payments on Campus. Direct deposit or electronic funds transfer is accepted.
- Please note: we do have credit card facilities.

PAYMENT IS TO BE MADE TO: ACT CAPE TOWN (PTY) LTD:

Name of bank: ABSA

Account name: Act Cape Town

Account number: 40 7295 1805

Account type: Cheque

Branch code: 632 005

Swift code: ABSAZAJJ

Please use student name and surname as reference.

Refunds & cancellation

The following terms will apply to cancellation and refunds:

- The Student acknowledges that Act Cape Town would have upon enrolment (and as a part of its services) incurred time, cost and resources in respect of the administration in relation to the enrolment process, and relating to the planning, and structuring of the course materials, staffing, coaches and/or delivery of the services.
- **PENALTIES FOR CANCELLATION:** Act Cape Town shall be entitled to charge the Student the following penalties if the Student cancels his/her enrolment within the following time periods:
 - if the Student cancels at least 60 working days before the commencement date of the course: an amount equal to 10% of the total course fee (which is the Enrolment Fee); or
 - if the Student cancels at least 20 working days before the commencement date of the course: an amount equal to 25% of the total course fee; or
 - if the Student cancels at least 10 working days before the commencement date of the course: an amount equal to 50% of the total course fee; or
 - if the Student cancels at least 5 working days before the commencement date of the course, or at any time after the course has commenced up to and including 30 June: an amount equal to 80% of the total course fee; or
 - if the Student cancels at any time on or after 1 July of the year in which the course is run: an amount equal to 100% of the total course fee.
- Cancellation of registration must be made by the Student/Guardian in writing and delivered to Act Cape Town.
- After the deduction of its penalty, Act Cape Town will refund the balance, if any, that has been paid by the Student / Guardian in terms of this Refunds & Cancellation Policy.
- Act Cape Town warrants that the penalties referred to in this section constitute reasonable penalties for cancellation in the circumstances, and the Student/Guardian accepts that the penalties referred to in this section shall constitute reasonable penalties in the circumstances.

- Voluntary withdrawal from the course or failure to attend classes will not reduce liability for the total course fees.
- The account payer will not be entitled to a credit, reduction or refund, unless in accordance with this Refunds & Cancellation Policy, or as agreed to in writing by Act Cape Town.
- The account payer must pay the penalty amount due by him/her in terms of this section immediately when he/she receives an invoice for that amount from Act Cape Town.

ACT 2026 fee structure

HIGHER CERTIFICATE ACTING FOR FILM • FEES 2026		ADVANCED CERTIFICATE ACTING FOR FILM • FEES 2026	
Enrolment fee (10% of the total course fee)	R 12 011	Enrolment fee (10% of the total course fee)	R 12 303
Course Fee	R 108 102	Course Fee	R 110 731
Total Course Fee	R 120 113	Total Course Fee	R 123 034
Course Fee of R 108 102 to be paid as follows:		Course Fee of R 110 731 to be paid as follows:	
Option 1	R 102 696.90	Option 1	105 194.45
Early Bird Payment: due on/before 30 November 2025.		Early Bird Payment: due on/before 30 November 2025.	
Option 2	R 108 102.00	Option 2	R 110 731.00
Full Payment: due 16 January 2026.		Full Payment: due 16 January 2026.	
Option 3	R 112 426.08	Option 3	R 115 160.24
Payment Plan: 2 instalments of R 56 213.04 First instalment due 16 January 2026. Second instalment due 31 March 2026.		Payment Plan: 2 instalments of R 57 580.12 First instalment due 16 January 2026. Second instalment due 31 March 2026.	
Option 4	R 118 912.20	Option 4	R 121 804.10
Payment Plan: 10 instalments of R 11 891.22 Instalment due on 1 st of every month, Feb to Nov 2026.		Payment Plan: 10 instalments of R 12 180.41 Instalment due on 1 st of every month, Feb to Nov 2026.	
Option 5	R 121 074.24	Option 5	R 124 018.72
Payment Plan: 12 instalments of R 10 089.52 Instalment due on 1 st of every month, Jan to Dec 2026.		Payment Plan: 12 instalments of R 10 334.89 Instalment due on 1 st of every month, Jan to Dec 2026.	
Act Cape Town accepts a limited number of students per course. Enrolment fee & signed enrolment contract secures student's place.		Act Cape Town accepts a limited number of students per course. Enrolment fee & signed enrolment contract secures student's place.	

2026 Academic calendar

Term 1	2 February – 27 March
Term 2	13 April – 26 June
Term 3	20 July – 25 September
Term 4	12 October – 20 November
Graduation	8 December 2026

Class times

Monday - Wednesday & Friday

9.00 – 9.45	Actors Warm-Up: Physical, Vocal and Focus Training
TEA BREAK	
10.00 – 1.00	Module Training
LUNCH BREAK	
1.30 – 3.30	Rehearsal / Independent study *

Thursday

9.00 – 1.15	Movement / Improvisation Training
TEA BREAK	
1.30 – 3.30	Rehearsal / Independent study *

*Students are encouraged to use this time for preparation and rehearsal.

Please note: class times may change according to number of students enrolled in course.

Students must also be prepared to attend rehearsals, productions, and assessments during afternoons, evenings, and weekends when required.

Admission requirements

HIGHER CERTIFICATE IN ACTING FOR FILM

NQF LEVEL 5

Please obtain application form through office or on website: www.actcapetown.co.za.

In order to apply for the Higher Certificate in Acting for Film, students require a South African National Senior Certificate (Grade 12) or equivalent NQF Level 4 Qualification, with a proficiency in English and a propensity for creative expression.

An audition before the College Director is required: auditions must be scheduled and approved in advance by the office and will only be considered after all appropriate documents have been received.

DOCUMENT REQUIREMENTS CHECKLIST

Submit all these documents for your application to be considered.

- A certified copy of applicant's National Senior Certificate (Grade 12) or an equivalent NQF Level 4 Qualification.
- If applicant is currently completing high school, latest school report must be submitted.
- For international qualifications, a certified copy of the SAQA Certificate of Evaluation must be submitted. Refer to SAQA web page for further info: www.saqa.org.za.
- Letter of recommendation.
- Passport /ID photographs (bring photos with you to the Audition).
- Certified copy of identity document.
- For international applicants, a certified copy of front page of passport and study permit is required.

THE AUDITION

- 2 — 3 min monologue for live performance
- Material should be something the applicant can easily relate to and best shows his / her range of ability.
- Cold read.
- Cape Town based applicants are required to audition in person.
- For applicants not based in Cape Town, auditions may be recorded and submitted. Please ensure that the picture and sound is of good quality.

Applicants will be notified in writing regarding their acceptance into the course, within one week of audition taking place.

Please note: Should you not meet the above admission requirements, please contact us directly so we may assist you with alternate course options.

ADVANCED CERTIFICATE IN ACTING FOR FILM

NQF LEVEL 6

Please obtain application form through office or on website: www.actcapetown.co.za.

In order to apply for the Advanced Certificate in Acting for Film, applicants need to have completed the ACT Higher Certificate in Acting for Film or the equivalent in formal acting training and/industry experience.

An audition before the College Director is required: auditions must be scheduled and approved in advance by the office and will only be considered after all appropriate documents have been received.

Current ACT students who have successfully completed the ACT Higher Certificate in Acting for Film are not required to audition.

DOCUMENT REQUIREMENTS CHECKLIST

Submit all these documents for your application to be considered.

- Certified copy of applicant's previous course certificate and academic transcript.
- For international qualifications, a certified copy of the SAQA Certificate of Evaluation must be submitted. Refer to SAQA web page for further info: www.saqa.org.za.
- Letter of recommendation.
- 2 Passport /ID photographs (bring photos with you to the Audition).
- Certified copy of identity document.
- For international applicants, a certified copy of front page of passport and study permit is required.

THE AUDITION

- 2 — 4 min monologue for camera / show-reel submission
- Material should be something the applicant can easily relate to and best shows his / her range of ability.
- Cold read.
- Cape Town based applicants are required to audition in person.
- For applicants not based in Cape Town, auditions may be recorded and submitted. Please ensure that the picture and sound is of good quality.

Applicants will be notified in writing regarding their acceptance into the course, within one week of audition taking place.

Please note: Should you not meet the above admission requirements, please contact us directly so we may assist you with alternate course options.

Recognition of prior learning (RPL)

The Higher Certificate and Advanced Certificate in Acting for Film allows for alternative access and may be achieved in part through the process of RPL. An applicant may apply for RPL if they do not meet the minimum entrance criteria but have suitable workplace experience and is 23 years of age or older. An applicant may also apply for advanced access into the program. Details of the RPL process can be obtained from the administration department. A R2500.00 fee is applicable for processing an RPL application.

Credit accumulation & transfer (CAT)

The institution will facilitate articulation by students to and from other registered institutions by way of the CAT system. Applicants wishing to transfer from another program in acting for film may apply for credit accumulation and transfer. Credits will only be considered if the modules have similar outcomes, content and assessment criteria. Students must apply for exemption from such modules with an official academic record, module description and reference letter from the applicable institution. No more than 50% of the credits of a completed qualification may be transferred.

Language policy

The Programs are delivered and administered in English in accordance with the Language Policy of the Institution. It is the student's responsibility to ensure that s/he is able to understand and communicate effectively in this language. Students may be required to provide proof of sufficient English language literacy.

Curriculum

The Higher Certificate in Acting for Film concentrates on building a solid foundation in the craft of acting through exercises, mastering technique, theory and performance practice.

The year culminates in a film shoot showcased at Graduation.

HIGHER CERTIFICATE IN ACTING FOR FILM

Mode of instruction	The mode of instruction is contact, lecture-based learning.
Credits	125
NQF Level	5
SAQA ID	91851
Duration	1 year full time
Accreditation	Accredited by the Higher Education Quality Committee of the Council on Higher Education (H/PR513/Eoo1CAN).
Site of delivery	Cape Town

MODULE STRUCTURE

MODULE NAME	CREDIT POINTS	MODULE CODE
Introduction to Acting I	9	HCAFF101
Introduction to Acting II	9	HCAFF102
Casting for Commercials	5	HCAFF103
Acting Technique – Meisner I	9	HCAFF104
Acting for Film	10	HCAFF105
Finding Emotional Truth	9	HCAFF106
Auditioning I	5	HCAFF107
Accent Training – Standard English	5	HCAFF108
Accent Training – Standard American	5	HCAFF109
Character Creation I	9	HCAFF110
Live Performance I	10	HCAFF111
Acting for Film – Production I	10	HCAFF112
Voice Production and Oral Interpretation I	9	HCAFF113
Improvisation I	5	HCAFF114
Movement I	8	HCAFF115
Presenting for Camera I	8	HCAFF116
TOTAL CREDITS:	125	

MODULE DESCRIPTION

INTRODUCTION TO ACTING I

Students are introduced to basic acting exercises and techniques to build a solid acting foundation.

MODULE WILL COVER

- Using the body as an instrument, including vocal and relaxation techniques.
- Improvisation as a vehicle for harnessing the power of the imagination.
- Spontaneity and collaboration.
- Blocking and the memorizing of lines.
- The basics of acting technique, including finding motivation, and uncovering subtext.

The student is required to prepare and perform a monologue for live performance.

INTRODUCTION TO ACTING II

Students will further develop the techniques learnt in the first module to deepen their understanding of textual analysis, acting and performance.

MODULE WILL COVER

- How to analyze and perform a scene using the following tools:
 - Overall Objective
 - Scene Objective
 - Obstacles
 - Beats and Actions
 - Place and Fourth Wall
 - Inner Objects and Doings
 - Inner Monologue

The student is required to prepare and perform a scene for live performance.

CASTING FOR COMMERCIALS

This module will provide students with an in-depth look at the techniques required to prepare and cast successfully for all types of commercials.

MODULE WILL COVER

- Where the actor fits in the commercial world.
- Preparation for a casting.
- The call back and meeting the client.
- On-camera performance.

The module culminates in a 'Mock Casting' for the camera.

ACTING TECHNIQUE – MEISNER I

This intensive module explores and develops the fundamentals of the MEISNER Technique.

MODULE WILL COVER

- Repetition.
- Point of view.
- Independent Activities and Doors.
- Imaginary circumstances.
- Scene work.

Students prepare and perform a scene for live performance.

ACTING FOR FILM

This practical module introduces the techniques required to act in front of a camera for film and television.

MODULE WILL COVER

- The tools needed to create truthful and 'engaging' performances on screen as well as understanding the technical aspects of film production.
- Tools include:
 - Calibrating performances based upon shot size.
 - Adjusting vocal levels for camera.
 - Listening skills.
 - Eye-lines.
 - Emotional and physical Continuity.
 - Hitting a mark.
 - Understanding focal lengths and framing.
 - Strength and Imagination in acting choices.
 - Knowing what to expect on set.

In this module, the student is required to prepare and perform a scene from a well-known film, in a simulated movie set environment.

FINDING EMOTIONAL TRUTH

In this intensive module, students learn how to access their emotions and incorporate them into their acting process.

MODULE WILL COVER

- Various techniques to aid students in connecting with their emotions, enabling them to portray the varying emotional states necessary in any given circumstance.
- Techniques include:
 - Sense memory
 - Inner objects
 - Affective memory and emotional recall
 - Alba emoting
 - Substitution / Personalization
 - Tragic flaw

The module culminates in a recording of a live performance to camera.

AUDITIONING I

This module explores all aspects of a film audition. It includes the detailed break-down of an audition script, call backs, acting technique and the practical exploration of the casting process.

MODULE WILL COVER

- How to prepare for an audition.
- Auditioning and cold-reading techniques.
- Listening and taking direction in the audition room.
- The call-back and how to positively influence the producer/director.

The module culminates in a 'Mock Audition'.

ACCENT TRAINING — STANDARD ENGLISH

An introductory module intended to give actors the basic ear and speech skills to deliver dialogue in English accents.

MODULE WILL COVER

- The skills required to deliver dialogue in the following English accents:
 - Received Pronunciation
 - Working Class London accent (Cockney)
 - Estuary English
- Estuary English in an audition
- Phonetics

The module will culminate in a recording of an appropriate English text.

ACCENT TRAINING — STANDARD AMERICAN

An introductory module intended to give actors the basic ear and speech skills to deliver dialogue in a Standard or General American sound to serve the US film and television market.

MODULE WILL COVER

- General sounds and vocal placement.
- Intonation patterns.
- Standard American in an audition.
- Phonetics.

The module will culminate in a recording of an appropriate American text.

CHARACTER CREATION I

The focus of this module is on providing the student with the tools with which to create a three-dimensional character.

MODULE WILL COVER

- The mind–body relationship & awakening the senses.
- Developing imagination.
- Shoes and accessories as a route into discovering character.
- An object as a route into discovering character.
- Character and text.
- Private Moments
- Animal work

Students incorporate methods learnt to prepare and perform as 3 contrasting characters.



LIVE PERFORMANCE

In this module students learn how to perform for the stage under the mentorship of a director.

MODULE WILL COVER

- Stage terminology
- Diaphragmatic Intercostal Breathing and vocal projection
- Textual Analysis
- Blocking and Rehearsal
- Ensemble

Students prepare and perform a scene and/or monologue for live performance.

ACTING FOR FILM — PRODUCTION I

This module concentrates on applying and integrating theory, tools, techniques, and skills learnt over the year, to a practical film set experience. Students work towards the filming of a short scene, to be edited and screened at Graduation.

The completed scenes may also provide material for the acting student's show-reel.

VOICE PRODUCTION AND ORAL INTERPRETATION I

This live performance module provides students with an introduction to vocal production as well as what is required to orally interpret and perform a choral poem in groups.

MODULE WILL COVER

- Diaphragmatic, Intercostal Breathing.
- Resonance and Articulation.
- Vocal Projection.
- Devising and Performing a Choral Verse.

Students will be required to perform two choral verse poems.

IMPROVISATION I

In this practical module, students explore and develop the art of performing 'short-form' improvisation on stage.

MODULE WILL COVER

- Understanding the 'rules' of improvisation.
- Learning the skills and techniques required to perform 'short-form' improvisation on stage.
- Exercises to develop the concepts of agreement, active listening, confidence building and collaboration.

Module will culminate in a performance on stage for an audience.

MOVEMENT I

This physical module will provide students with an introduction to various styles of movement in performance.

MODULE WILL COVER

- Expression through the body as the focal point in performance.
- Exploring movement through rhythm, flow, shapes, patterns, silence and suspense, nuances both explosive and subtle.
- The use and exploration of central stories or themes that are developed into flowing and emotionally affecting performance narratives.
- Developing increasing control over limbs, core shapes, expression, and gesture.

Module will culminate in a choreographed performance.

PRESENTING FOR CAMERA I

This module will provide students with an introduction to various styles of presenting both recorded and live.

MODULE WILL COVER

- Presenting styles and techniques
- Voice and Speech for presenting
- Physicality, body language and energy for presenting
- Writing and presenting links

The module culminates in a recording of a live presentation to camera.

Curriculum

The Advanced Certificate in Acting for Film consolidates and refines the acting techniques learnt in the Higher Certificate, whilst further broadening the skills base necessary to be successful in the industry.

The year culminates in a Film Showcase at Graduation.

ADVANCED CERTIFICATE IN ACTING FOR FILM

Mode of instruction	The mode of instruction is contact, lecture-based learning.
Credits	120
NQF Level	6
SAQA ID	97233
Duration	1 year full time
Accreditation	Accredited by the Higher Education Quality Committee of the Council on Higher Education (H/PR513/Eoo1CAN).
Site of delivery	Cape Town

MODULE STRUCTURE

MODULE NAME	CREDIT POINTS	MODULE CODE
Character Creation II	8	ACAFF201
Voice Production and Oral Interpretation II	9	ACAFF202
Acting for Film – Style & Genre	10	ACAFF203
Acting Technique – The Method	9	ACAFF204
Live Performance II	18	ACAFF205
Acting Technique – Meisner II	9	ACAFF206
Acting for Film – Monologues on Camera	9	ACAFF207
Acting for Film – Production II	13	ACAFF208
Voice and the Actor	9	ACAFF209
Presenting for Camera II	5	ACAFF210
Improvisation II	8	ACAFF211
Movement II	8	ACAFF212
Auditioning II	5	ACAFF213
TOTAL CREDITS:	120	

MODULE DESCRIPTION

CHARACTER CREATION II

This module allows students to develop a more detailed approach to character creation, building on the tools learnt in Character Creation I.

MODULE WILL COVER

- Moving towards transformation: The Mikal Chekov technique.
- Physical transformation: making the body expressive and dressing as a character.
- Vocal transformation: harnessing the imagination to affect speech, rhythm, and tempo.
- Inner transformation: harnessing different energy placement and psychological gesture.
- Intellectual groundwork: textual analysis and character analysis to breathe life into character.

Students incorporate methods learnt to prepare and perform a character - based monologue for camera.



VOICE PRODUCTION & ORAL INTERPRETATION II

Students move to an advanced level in their voice and speech training, through developing and applying vocal techniques to various performance projects.

MODULE WILL COVER

- Vocal projection.
- Sight-reading.
- Poetry analysis and performance.
- Voice- over.

Students prepare and perform a poem for live performance as well as record a voice-over demo CD.

ACTING FOR FILM – STYLE AND GENRE

This module looks at the development of film and television genres and the styles of performance required to act in them.

MODULE WILL COVER

- The history and development of film and television.
- The history of and main differences and similarities between comedy, tragedy.
- South African vs British vs American comedy styles.
- Translating Genre into performance.
- Multi-Camera Soap style acting.

Students develop and shoot a scene as well as prepare and perform a monologue for camera.

ACTING TECHNIQUE - THE METHOD

In this module, students further explore Method acting and the techniques developed by Lee Strasberg at the Actors Studio. Through theory and practice, students compare the techniques of The Method with that of the Meisner technique.

MODULE WILL COVER

- Relaxation.
- Concentration.
- Sense Memory.
- Affective memory.
- Improvisation.
- Given circumstances.
- Rhythm and emotion.
- The private moment.

The student is assessed on a monologue and a film scene.



LIVE PERFORMANCE II

Students will work under the guidance of a Director in creating a production and performing it for a live audience. The collaborative nature of this module draws the student into the theatre process from script development and/or analysis through rehearsal to final performance, providing tools for what it takes to stage a production.

MODULE WILL COVER

- Aspects of a rehearsal process to create truthful and 'engaging' performances utilizing stage techniques.
- Aspects of performance of a production in front of an audience.
- The body as an expressive vehicle in a theatre space. Projection and size.
- Blocking for stage.
- Working in ensemble.

The module culminates in a live theatrical production.

ACTING TECHNIQUE -- MEISNER II

In this module students hone the fundamental skills learnt in MEISNER I and begin to explore advanced elements of the MEISNER Technique in detail.

MODULE WILL COVER

- Point of View Repetition
- Imaginary circumstances.
- Independent Activities and Doors.
- Scene work with Justifications ('Script', and 'Emotional').
- Relationship Activities (including Prejudice).
- Emotional Preparation

Students prepare and perform a monologue for live performance.

ACTING FOR FILM – MONOLOGUES ON CAMERA

This module comprises a series of rehearsals and a film shoot, in which students prepare and shoot a 3–5-minute monologue. The module will consolidate techniques covered in the Acting for Film modules, as well as introduce advanced techniques required to deliver an engaging on-screen performance.

MODULE WILL COVER

- Revision of acting for camera techniques.
- Knowing your type and selection of material.
- Script analysis.
- Acting in close up.
- Emotional preparation.
- Characterization

The final work may be screened at Graduation. Material may be used for the student's acting show-reel.



ACTING FOR FILM – PRODUCTION II

In this module students will script and act in a 5 - 7 min short film. The collaborative nature of this module draws the acting student into the film-making process from script development to final edit, providing valuable tools for how to make a short film, as well as further honing their camera acting skills.

MODULE WILL COVER

- Acting for camera
- Developing an idea into a script
- Pre-production
- Mis en scene

It is crucial for actors to not only have the capability to act for camera but also some knowledge on how to create their own work. The final production will be screened at Graduation. The material may be used for the student's acting show-reel.

VOICE AND THE ACTOR

This module will provide students with further development in voice production as well as cover what is required to orally interpret and perform a Shakespearian monologue.

MODULE WILL COVER

- Working in meter.
- Diaphragmatic, Intercostal Breathing.
- Resonance and Articulation.
- Vocal Projection.

Module will culminate in a live performance of a Shakespearian monologue.

PRESENTING FOR CAMERA II

This module will further develop the skills and styles of presenting learned in Presenting I.

MODULE WILL COVER

- Developing content: interviews, research, content production.
- Understanding locations, studios, wardrobe, and hair and make up for presenting.
- Practical and theory on presenting.

The module culminates in a recording of a live interview presentation.

IMPROVISATION II

Students move to 'long-form' improvisation in this module. This is a more advanced stage of improvisation focusing on character, environment, connections, and emotions.

MODULE WILL COVER

- Learning the skills and techniques required to perform 'long-form' improvisation on stage.
- Exercises to further develop the concepts of: agreement, active listening, confidence building and collaboration.

Module will culminate in a live performance on stage.

MOVEMENT II

This module will provide students with further development of the various styles of movement in performance.

MODULE WILL COVER

- Expression through the body as the focal point in performance.
- Exploring movement through rhythm, flow, shapes, patterns, silence and suspense, nuances both explosive and subtle.
- The use and exploration of central stories or themes that are developed into flowing and emotionally affecting performance narratives.
- Developing increasing control over limbs, core shapes, expression, and gesture.

Module will culminate in a choreographed performance.

AUDITIONING II

This module further explores aspects of a film audition and introduces students to theatre auditions and self- tape auditions.

Module will cover:

- Cold Reading Techniques.
- The preparation and submitting of a self-tape audition.
- The preparation and performance of a Zoom/online film/TV audition.
- The preparation and performance of a Theatre Audition.
- Acting technique.

The module culminates in three mock auditions: a monologue for a theatre audition, a film/TV audition scene and a recorded Film or TV audition self-tape.

Assessment

HOW DO WE ASSESS?

- Verbal and written assessment
- Practical and theoretical assignments
- Live performance with feedback
- Filmed performance with feedback
- Peer assessment conducted in group discussions

Qualification rules

Academic credits are awarded to students for the successful completion of each module. Credits will only be awarded in full and no partial credits will be awarded to any student. The student must achieve a module average of 50% in order to pass the module and be awarded the relevant credits. Students may apply for RPL for credits. All modules in the program are compulsory therefore; a student must successfully complete all modules contained in the course to be awarded the Higher/Advanced Certificate in Acting for Film at the Graduation Ceremony in December.

Articulation routes

The Higher Certificate and Advanced Certificate in Acting for Film allows for both horizontal and vertical articulation.

Vertical articulation: once qualified, students will have access to a diploma or degree in acting and film related qualification offered by Higher Education institutes.

Horizontal articulation: students will be able to gain access to acting and film courses nationally and internationally. The Higher Certificate Qualification also allows access to the Advanced Certificate in Acting for Film.

A Qualification may not be awarded for early exit from the Higher Certificate or Advanced Certificate Course.

Student support services

Act Cape Town has a duty to monitor and support any student who is clearly not progressing with their course and is unlikely to attain competency within the maximum candidature (2 years) or reasonable period of extension.

Act Cape Town will monitor the academic progress of each student and implement remedial support for those students deemed in need of assistance to achieve satisfactory progression. Following such remedial support, where students fail to meet satisfactory progression requirements (see below) students may be excluded from their course.

Act Cape Town will only extend the duration of a student's study where it is clear that the student will not complete the course within the expected duration for that course as the result of:

- Compassionate or compelling circumstances such as illness where a medical certificate states the student was unable to attend classes; or
- Act Cape Town Implementing its intervention strategy for students who are at risk of not meeting satisfactory progress, or
- A suspension or deferment of study has been granted.

GROUNDS FOR EXCLUSION

Students studying programs with Act Cape Town must meet minimum progression requirements or risk exclusion from the program.

The Director determines if a student should be excluded based on information provided by the module coach where:

- No course assessments have been submitted by the student over a continuous period of three months, without approved request for Special Consideration.
- Students receive less than 50% for the majority of modules attempted.
- A serious or repeated act of plagiarism has occurred.
- The maximum period of candidature has passed.

IDENTIFICATION OF STUDENTS AT RISK

- Observable change in a student's attitude, behaviour or appearance;
- Failure of a student to complete tasks or exercises within a module;
- Failure by a student to successfully pass more than one module for which the student was enrolled;
- Failure twice by a student to pass the same module of study;
- Unsatisfactory student attendance record;
- Inability of a student to complete their qualification within the maximum permitted time while carrying a normal student load.

Where The Director becomes aware that a student is unlikely to complete the program of study within the maximum period of candidature, unless an enrolment condition is imposed, the student will be advised of this prior to the imposition of an enrolment condition.

Students who do not appear to be making satisfactory progress will be advised of the academic risks they face; the avenues open to them and the availability of course advice and support services. Such Information may be included in 'warning' letters.

NON-ACADEMIC SUPPORT

Due to the nature of the programme and course content of some of the modules dealing with emotional and psychological issues, some students may feel they need psychological or emotional support. Please discuss any issues with your coach and they will refer you to the Director who may direct you to the relevant support group. A list of support groups is available from the Administrator.

Please note that any issue discussed with the coach and director be treated confidentially.

In some cases, your coach might identify that you are in need of support and refer you to the Director.

Also available is a 24-hour, free, multilingual HIGHER HEALTH TOLL-FREE 24-HOUR CRISIS HELPLINE - 0800 36 36 36 that offers immediate advice and further linkage to services such as psychologists to individuals who are struggling with anxiety, depression, family or relationship issues and other trauma or stress. This number could become very important in your lives, or in the life of someone you know. When things get really tough, when you feel that you need some support urgently, this is your connection to professional, confidential support.

Health & wellness policy

Act Cape Town shall ensure that sufficient support is provided to promote the physical, emotional and psychological well-being of all students. The aim of such services is to prevent unhealthy lifestyle choices and to encourage the development of effective social and personal leadership skills as well as good habits such as effective stress, health and time management skills. These services may be provided by the academy in the form of training workshops, published information, referrals to professionals or other interventions that the Director and/or Academic Head may deem necessary.

COUNSELLING, PSYCHOLOGICAL AND PSYCHIATRIC SUPPORT

Due to capacity, Act Cape Town does not offer counselling services but may from time to time recommend that a student consult with an appropriate professional if the relevant lecturer believes that the student may benefit from the services of a psychologist, psychiatrist, counsellor or other psychotherapeutic intervention.

OCCUPATIONAL HEALTH AND SAFETY

Act Cape Town shall take responsibility for promoting and implementing health and safety procedures that promote student health and safety as well as being proactive in its effort to identify and prevent possible occupational accidents, injuries and spread of disease. Students will be trained to increase safe working practices and reduce risk of injury and they will be encouraged to consider health and safety risks during all relevant activities. Please refer to the Occupational Health and Safety Policy of the ACT Academy for further details.

Sexual & gender related misconduct policy

- Act Cape Town has a zero-tolerance approach to sexual and gender related misconduct.
- Act Cape Town commits itself to provide a safe institutional environment where all may learn, work and go about their duties and activities free from sexual harassment, sexual violence, gender harassment, gender bullying, sexual assault, relationship violence, other forms of gender related misconduct and associated claims of retaliation.
- Sexual and gender-related misconduct undermines the dignity and autonomy of those victimized and erodes mutual trust and respect, which are essential to personal, academic and professional wellbeing. Sexual and gender related misconduct constitute a serious disciplinary offence, both in terms of these guidelines and the law, and will not be permitted, condoned or tolerated at ACT Academy. Disciplinary action, including summary dismissal or academic exclusion may result after following due process. This process is outlined in the Colleges Sexual and Gender Related Misconduct Policy, which requires acceptance prior to admission to the college.

Disability policy

- Act Cape Town will treat all employees and students with dignity and respect and will provide an environment for learning and working that is free from unlawful discrimination, harassment, bullying and victimisation.
- Act Cape Town is committed to an Equal Opportunities environment and recognises the importance and value of diversity. It recognises its social, moral and statutory duty to admit and employ people with disabilities.
- Act Cape Town would like individuals who apply to Act Cape Town to be confident that they will receive fair treatment and be considered on their ability to do the job or training.
- Act Cape Town employment and admissions policies aim to ensure that people with disabilities receive treatment that is fair, equitable and consistent with their skills and abilities. Similarly, Act Cape Town admits students to the available places on its courses based on their academic ability and motivation.
- Act Cape Town will make every effort, if an existing employee or student becomes disabled, to retrain and retain them wherever practicable.

Policy & procedures for handling of student complaints

Act Cape Town ensures that student complaints and grievances are processed according to Regulation 26(A) of the Amendment Regulations for the Registration of Private Higher Education Institutions (2016).

- Every student and/ or employee has the right to complain and to present their grievance.
- Every student and/ or employee will receive a verbal or written response addressing the complaint.
- Management will consider all complaints and grievances lodged in a fair and just manner.
- No investigation will proceed if the aggrieved party is not present.
- Complaints may be submitted anonymously.
- Complainants will not suffer any discrimination, victimisation or harassment by any authority as a result of their complaint.
- Complainants accept that all solutions are provided in the framework of institutional policies and procedures.
- All matters arising will be accurately documented and recorded.
- The complainant will have the right to have a representative present during any negotiations with Act Cape Town or its appointed representatives.
- Should a student or employee be found to abuse the grievance procedures in order to discredit students or staff then disciplinary action will be taken.
- It is the responsibility of students and employees to know and understand the policies and procedures of the institution.

Code of conduct

PUNCTUALITY

Please notify the ACT office in advance, if you are not going to make a class or going to be late. Doors close and class starts promptly at the designated time. Late arrivals will be admitted at the coaches' discretion.

PREPARATION

A minimum of 10 hours per week is required over and above class time for module preparation, line memorization and rehearsal.

If you are having any trouble with your acting partner/s, he/she is letting you down, not showing up when agreeing to meet, please discuss this with your module coach. Respect your acting partner/s and understand how your preparation and rehearsal is essential to the success of your work.

PARTICIPATION

In order to qualify for module assessments, students are required to attend 80% of warm-up classes & 85% of module classes.

MUTUAL RESPECT AND DIGNITY

Act Cape Town abides by the laws and regulations of South Africa and its Constitution, and thereby does not condone acts of racism, sexism, discrimination, bad behaviour etc. that takes place outside of direct teaching. Instances of sexual & gender-related misconduct, verbal abuse, vandalism of equipment and facilities, physical conflicts, theft, possession and / use of illegal substances, weapons and violent behaviour will result in immediate dismissal from the Studio. NO EXCEPTIONS!

Such examples of professionalism should follow into every area of your work, be it in class or within the industry. Please remember that you are an ambassador for Act Cape Town. We instil a high level of professionalism in all our students. Should we receive negative feedback from Act Cape Town coaches & / class members & / from prominent people in the film industry regarding unprofessional and disrespectful behaviour; your dismissal from ACT will be brought under serious consideration.

Terms & conditions

ACT CAPE TOWN RESERVES THE RIGHT TO:

- a. Cancel any course where the numbers of students who have enrolled for the course are not justified (as determined by ACT CAPE TOWN in its discretion).
- b. Withhold certification from any student failing to comply with the Act Cape Town standard requirements of attendance and assessment.
- c. Dismiss any student who is persistently late and / or absent from classes, OR is found guilty of misconduct warranting expulsion from the course (as determined by ACT CAPE TOWN) and will not in such an instance refund any of the fees paid by the student.
- d. In the event of any fees due by a student being unpaid on the due date for such payment:
 - o suspend the training for the student that is in arrears with a payment. The suspension of the training does not affect their Contract of Enrolment and particularly not the student's obligation to pay any course fees due; and
 - o withhold the student's reports, certificates and assignment material.
- e. Use a student's likeness or performance in brochures, advertising, the web and for any other promotional or educational purpose, for no consideration. The student hereby consents to such use.
- f. Change (in its discretion), with reasonable notice, the course structure and/or schedule and/or coach.